



KAMI ALANIZ

**FIND
YOUR
SPARK!**

**START YOUR
JOURNEY
THROUGH SELF
LOVE AND SELF
WORTH**



ABOUT M.A.D.D. MAGAZINE

Our mission is to inspire our readers with stories of success and resilience. We feature prominent executives, entrepreneurs, and leaders from diverse backgrounds and industries, and tell their stories of success, perseverance, and innovation. Through these stories, we hope to motivate and empower our readers to strive for greatness, no matter what their circumstances.

Networking is a powerful tool for any business. It can open up a world of opportunities to reach potential clients and investors, as well as to collaborate with other professionals and organizations. It can also help to develop strong relationships with existing customers, leading to more referrals and positive word of mouth. Networking can even be used to learn from the experiences and successes of others, and therefore help to improve your own business.

-MADD DIGITAL MAGAZINE



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LOVE

HEALING

PROSPERITY

ALTERNATIVE

GUIDANCE

GOALS

SPIRITUAL

AUTHENTICITY

INNOVATIVE

TRENDSETTER

LEADERS

TEAMWORK

HEALTH & WEALTH



KAMI ALANIZ

"ANYTHING GREAT CAN HAPPEN!" declares Kami Alaniz, a dedicated registered nurse with over 30 years of unwavering commitment to helping others. Her passion for assisting those in need was ignited by her personal experiences, particularly witnessing her brother's battle with a congenital heart defect. Motivated by the desire to make a difference, Kami embarked on a career in nursing, dedicating her life to providing care and compassion to those who needed it most. Today, Kami has transitioned into her own venture, "JUST BROOKE," serving as a Holistic Dream Life Transformational Coach and is also certified as a Practitioner of NLP (Neuro Linguistic Programming). "Just Brooke " represents a culmination of Kami's tools and experiences, guiding others to reach their best selves by equipping them with the necessary tools for informed decision-making. This unique venture allows Kami to blend her extensive knowledge in the medical field, NLP tools (both learned and created to address perceived gaps in NLP), and the life struggles she overcame to offer transformative guidance. ' Kami encourages her clients to focus on their strengths, live authentically, and to create a life of joy and fulfillment. She helps people transform their lives into something better, healthier, and more meaningful.

"My philosophy is you are forgiven"

Kami's personalized approach involves taking the time to understand and connect with each client, building trust and rapport. She listens attentively to their stories, ensuring they feel heard and understood. Emphasizing open and honest dialogue, Kami becomes deeply involved in their journey, providing unwavering support and guidance through every challenge. Her dedication to her clients' success is evident as she ensures they stay focused on solutions, maintaining a positive outlook. Kami's positive attitude and encouraging words serve as motivation &



instill confidence in her clients to overcome any obstacle. Guided by her passion to help people discover and develop their true potential, Kami has successfully launched several business initiatives. She assists clients in finding the courage and clarity to align their lives with their deepest desires and values. Drawing from her own journey of self-discovery, Kami provides invaluable guidance, offering profound insights into a spectrum of life trajectories and outlining actionable steps for individuals to discover true personal fulfillment.

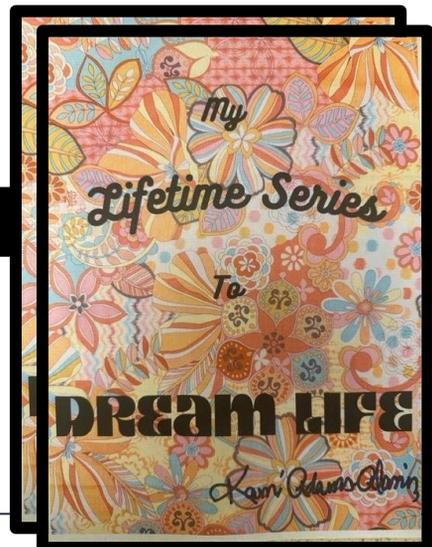




60 DAY COURSE

Her transformative 60-day courses offer a structured journey with worksheets, one-on-one appointments, and daily inspirational messages to help individuals reset and rediscover themselves. Drawing from over 30 years of knowledge, Kami's courses cover diverse areas, including Dream Life Transformation NLP Secrets Blueprint, Living Life Fully with Medical Conditions, Just for Guys, Girl Time/Girl Talk, and Be Happy Medical Staff and 1st Responders.

Adding to her impactful initiatives, Kami has authored the book “My LifeTime Series To Dream Life”. This profound narrative offers a deeper look into her journey, providing inspiration and transformation that Hollywood couldn't replicate. Aimed at mature audiences, Kami's transparency and vulnerability resonate, offering a compelling narrative that transcends conventional storytelling.



Recently inducted into the prestigious Marquis Who's Who of America, Kami's commitment to helping others has received well-deserved recognition. In an engaging interview with Jim Masters on both BlogTalk Radio Interview and CUTV Interview , Kami sheds light on her unique approach to transformative coaching!

"Anything is possible in your life when we work together!"





EMAIL:

Kami@justbrooke.net

JOIN COURSES:

[Just Brooke, LLC](#)

VISIT KAMI'S FACEBOOK:

[Dream Life Transformation NLP Secrets for Professionals | Facebook](#)

“

*Nothing is
impossible.
The word itself
says ...
I'm possible*

**AUDREY
HEPBURN**



michelle
sherbun

Michelle Sherbun has been a remarkable leadership coach for over 17 years, helping her clients develop their skills and confidence to become successful leaders. She has worked with a variety of organizations, providing guidance on team building, conflict resolution, and effective communication strategies. She specializes in creating customized leadership plans that are tailored to the individual needs of her clients. She believes in empowering people to take charge of their own development, to reach their highest potential, and to become who they are meant to be.

Michelle Sherbun shares two primary roles she plays when she partners with her coaching clients. “As a coach, I spend my time listening deeply to my clients as their stories unfold. Through stories, they discover the themes that have pulled them through the many moments in their lives. Their stories reveal the puzzle pieces that connect all these moments and present a picture of themselves often unrealized and uncelebrated. It transforms them

Michelle believes trust is at the center of all coaching relationships. When the coach and client share a commitment to being all-in and fully engaged in the journey, a promise to embrace learning, and the willingness to creatively explore new ideas, then this connection creates opportunities for transformation. In addition to one-on-one sessions, Michelle also facilitates group sessions, which enable her clients to form strong bonds by supporting one another and gaining insight from each other.

Her willingness to go above and beyond with the techniques she has developed is an inspiration to those she has worked with. Michelle even taps into her own coach to – as she says – “keep her honest”.

**“ I WILL NOT SHOULD
ON MYSELF TODAY”**

-MICHELLE SHERBUN

Stories bring fundamental change and reveal who they are meant to be. I feel privileged to witness and hold close the unfolding of their stories. I am a Storykeeper.

My gift is no judgement. Through coaching, we learn how to get out of our own way and connect with our deepest truths. Obstacles become possibilities. We let go of the pain and fear that holds us back. And we are transformed in how we see and relate to the world around us. Think of it as the alchemy of transformation...a healing path that blends all of who we are and all we have experienced to become who we are meant to be. I am a Healer.”



“Wisdom comes with open and courageous questions. Clients grow in their own wisdom with questions that reveal their deepest truths, clarify intentions, create possibilities, provide deep insight, and drive new directions. With this in mind, I recently reached out to my clients and asked them what questions were tugging at them. I am sharing some of those questions here, but beware, good questions often lead to more and better questions.”

Hint: Explore those questions that cause you to pause and challenge you to dig deeper beyond the first answer that comes to mind

Q & A:

1-What is the most important next step after answering the question, "what brings you happiness"?

Answers

“Happiness depends on being free, and freedom depends on being courageous.” Add a dose of curiosity to a little courage, and you have magic!

2-How do you stay optimistic and hopeful when your envisioned life and/or goals are no longer your "north star" or possibilities?

Answer

Let's face it: transitions can be such a nuisance. But trust that you are where you need to be right now. This is where you start. Take a deep breath, and jump in.

Over time, your experiences and the world have changed you and so your possibilities have changed. Remember: Hope is a choice. If you choose hope, then you ultimately need to get comfortable with being uncomfortable in your search for new answers and boundless opportunities.

3-What do I do when I feel "rudderless". I feel a bit "rudderless" when those around me seem to have comfort with what their life "is?"

Answer

Know that your life is rich. Even the smallest moments can nourish the heart should we see everything we receive as a gift. First, acknowledge all you have working FOR you, and remember how you got here. The best answers come in the quiet, where you can hear and listen to your deepest self. Remember, you are on your own path - not the path others have chosen for you.

4-What does "leadership" look like when you no longer work with a team of colleagues at the same organization?

Answers

It is important to remember that before we can lead others, we must first lead ourselves. The very act of introspection - the time we spend intentionally reflecting on our experiences and our thoughts - opens the door to understanding ourselves better. Through self-reflection, we can dive deeper into our own fears and the wounds that get in the way of inward and outward-facing leadership.



WWW.MICHELLESHerbUN.COM

The background consists of a collage of yellow Scrabble tiles. The tiles are scattered and overlapping, with some showing letters like 'R', 'E', 'D', 'M', and 'A'. The tiles are set against a light, warm-toned background.

DREAM

BIGGER

AND

BIGGER

This year, the NBA is making a difference by taking a stand against social injustice.

Teams are engaging in meaningful conversations, raising awareness, and supporting the Black Lives Matter movement. The NBA has also committed to investing \$300 million over ten years to combat systemic racism, and improve access to education and economic opportunities in the Black community. This commitment is part of the NBA's ongoing efforts to create meaningful and lasting change in the lives of those in need. The foundation will invest in education, economic empowerment, and health and wellness initiatives, as well as programs that improve access to basketball in Black communities.

Additionally, the NBA is working to reduce its carbon footprint, increase diversity in the workplace, and make the league more accessible to all fans.





DO YOU WANT TO MAKE A
DIFFERENCE ?!?!
COME JOIN US
#ITSTIMEFORACHANGE

MADDMAG@MAIL.COM

**GET MADD
ABOUT IT!
MAKE A
DIFFERENCE**

Novak Djokovic

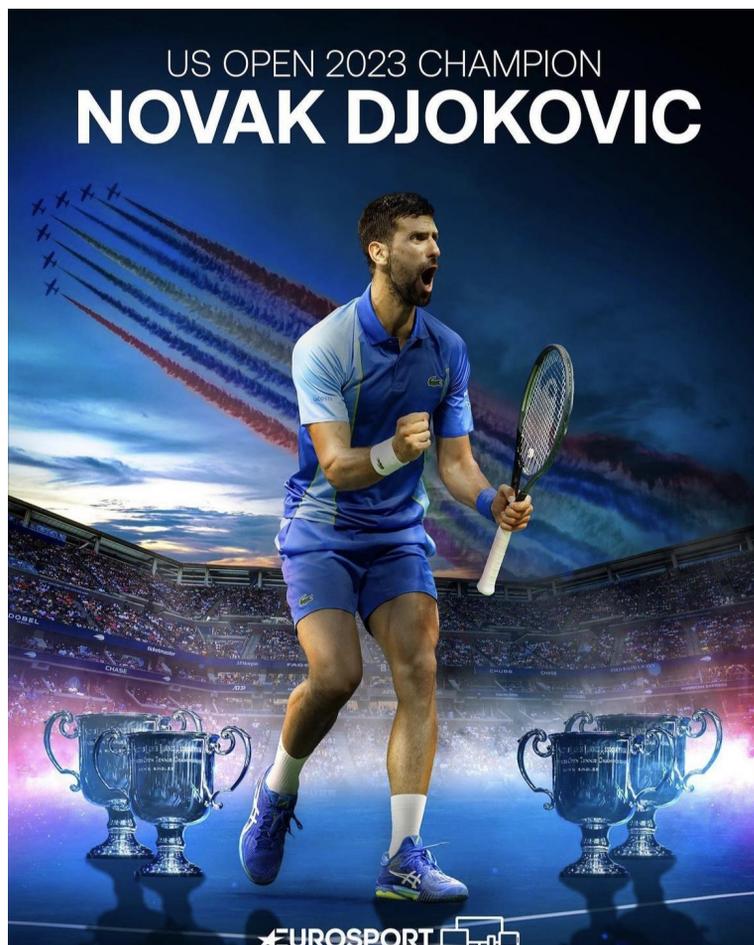
NOVAK DJOKOVIC IS THE NUMBER ONE PROFESSIONAL TENNIS PLAYER IN THE WORLD. HE HAS CHANGED THE WORLD OF SPORTS WITH HIS INCREDIBLE TALENT AND PASSION. HIS UNPARALLELED SUCCESS ON THE TENNIS COURT HAS SHOWN THAT ANYTHING IS POSSIBLE WITH HARD WORK AND DEDICATION EVEN AFTER A PHYSICAL ACCIDENT. SHOWING THE WORLD THAT IF YOU WANT IT, YOU CAN HAVE IT. HE REMAINED FOCUSED AND HAD THE SUPPORT OF THE LATE KOBE BRYANT WHICH HELPED HIM STAY DEVOTED TO THE RECOVERY PROCESS. AFTER RETURNING TO THE TENNIS COURT WITH HAVING DROPPING RANK FROM 1-3 HE WORKED HARD AND BECAME NUMBER 1 ONCE AGAIN THIS YEAR 2023!



BEGINNING WITH THE MOST WEEKS AND POINTS MADE BY A PROFESSIONAL TENNIS PLAYER HE BEGAN BREAKING RECORDS AGAIN ALL THE WAY BACK TO 1877! HE IS THE FIRST IN THE OPEN ERA TO HAVE WON A TOTAL OF 24 GRAND SINGLES TITLES IN ALL NINE OF THE ATP MASTERS 1000 TOURNAMENTS. OVERALL, HE HAS WON 96 SINGLES TITLES AND IS STILL COMPETING TO HOLD HIS POSITION. HIS ACHIEVEMENTS HAVE INSPIRED THE YOUTH TO START PLAYING AND HAVE OPENED OPPORTUNITIES FOR TENNIS PLAYERS FROM ALL BACKGROUNDS.



**THE NUMBER 1 TENNIS PLAYER HAS GIVEN BACK TO THE WORLD
IN MANY WAYS USING HIS OWN PLATFORM. HE HAS BEEN AN
ADVOCATE FOR ISSUES SUCH AS SOCIAL JUSTICE, THE REFUGEE
CRISIS, ANIMAL RIGHTS, AND EQUAL TREATMENT OF ALL
ATHLETES, REGARDLESS OF RACE AND GENDER. DJOKOVIC HAS
MADE HISTORY AND SET AN EXAMPLE FOR MANY GENERATIONS
TO COME. HE HAS TRULY MADE A DIFFERENCE IN THE TENNIS
WORLD AND IS APPRECIATED AND ACKNOWLEDGED BY HIS FANS
AND THE TENNIS ASSOCIATION.**



LISA STERLING

It is my honor to introduce myself as Lisa Sterling, a survivor. I don't favor the word, though it does have a lot of truth to it. I was asked to write an article on how I make a difference each day. As a result of introspection and thinking about what I would like to say, here are the thoughts I have so far. There are a lot of people in this world that will tell you, " God never gives us more than we can handle." Or " suck it up buttercup and move on." My favorite line is this one, " Just get over it, it was in the past." I cringe each time I hear that one. First and foremost, I am a sexual assault survivor. Second, I've also survived suicide. In addition, I am grieving the death of my husband of 25 years, and I am the mother of two adult children who live independently. These are only a few highlights from my life. The list goes on and on, but I won't bore you with all of the details. Over the years, I have been asked how I got where I am today. Its impossible to provide a single answer to that question.

“ LET MY WORDS BE FEW ”

There's a line in the movie *City Slickers* where Jack Palance is talking to Billy Crystal about the secret of life and he tells him one word while holding up his forefinger and that word is this: "One" Choose one thing. Do it to the best of your ability. Let it go. Pick up something else. It is necessary for me to start at the beginning. My name is Lisa Sterling and I am a child of God. He sacrificed himself on the cross for me, He took my many sins and gave me a chance at redemption and forgave me. I'm thankful for that every day. It doesn't matter how tough my day is or what circumstances I face, he's always there for me. When I'm alone and no one understands, his eyes are always on me.

We walk together every day, and I only follow him. Many people in this world believe in God and have a personal relationship with him, but I'm also realistic about the fact that there are people who don't care about any of that. However, most people would agree that we all deserve to be treated fairly and respectfully.

Regardless of what we believe.

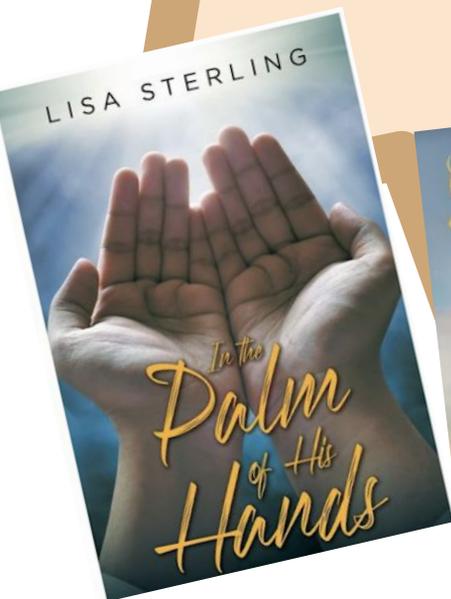
All of us want to be loved and heard and seen.

That starts with each of us. Like it says in the new testament, treat others the way you want to be treated. As well as look at the plank in your own eye before being quick to judge others. And it started with one person. Through my writing, talking with people each day when I am at work at the hotel. Through singing at church since I am on the worship arts team. I know that's how I can make a difference. I use my talents and gifts that God has given me.



You never know what someone is going through and what I say or how I say it can make a difference in someone else's life or what they may be going through. I want to be able to live out what I believe with certainty, confidence and grace. Like I said at the beginning I am a survivor.

I am growing through each experience and becoming the person that God has destined for me to be. Although it has been difficult and gut wrenching at times, I am beginning to realize that this has always been part of his plan. It all begins with me, with my attitude, with my actions. Not what I desire, but what God desires of me. Life is too hard to do this on my own and each day has enough difficulties to challenge the mind. One of my favorite phrases is: Lead, Follow or get out of the way. I love that phrase because I can't be a good leader for my family if I don't listen and sometimes I have to step out of my own way to be reminded who is really leading me. Thank you for taking the time to read this. I hope you get something out of it because this is how I make a difference.



LISA STERLING BOOKS

-<https://www.barnesandnoble.com/w/good-morning-god-lisa-sterling/1126044290>

-<https://www.amazon.com/-/en/Lisa-Sterling/dp/1512778486/>

ROD STEWART



(CIRCA 1996)

Rod Stewart has been a pioneer in the music industry for over 6 decades. While pushing the boundaries of sound and style, he has released dozens of albums. He has also been a tireless advocate for social justice, using his platform to influence those in need. Rod Stewart's career has shown that it is possible to make

a difference in the world, even in the face of adversity.

- **During the Ukraine and Russia conflict he had felt moved and had to do something that would help.**

He decided to rent a home and furnish it for the family displaced. The Kurtiak family was grateful and said they owed their lives to the rocker after he found them a home in Berkshire town. The family has played Rod Stewart's music in the house every day since they were saved from war-torn Ukraine. Rod said he was humbled by the experience and that he was glad to have been able to make a difference. It doesn't stop there the singing legend has continued to do good deeds for more people in need. In a gesture of generosity,



THE KURTIK FAMILY

Rod Stewart has made a public offer to pay for NHS hospital scans. Many were dying since they couldn't afford medical treatment. Rod Stewart uses his platform to spread awareness about social issues, such as poverty and climate change. He has also been an advocate for animal rights, having recently partnered with World Animal Protection to help end cruelty to animals in entertainment. He has also used his platform to raise money for various charities and causes, such as the Special Olympics and the Make-A-Wish Foundation.

"I don't need the publicity. I just want to do some good things and this, I think, it's a good thing, because if other people follow me, I'd love it."
Rod Stewart

Today the rockstar truly hopes what he is doing will inspire others in the celebrity world to give back. As he goes on tour he still pays tribute to his Scottish heritage by releasing his very own whiskey!



**NEW WHISKEY BY
ROCKSTAR ROD STEWART
WHISKEY THAT BRINGS YOU BACK TO
THE GOOD OL' DAYS!"**

Wolfie's Whisky

LIMITED EDITION



ROD STEWARTS WOLFIES WHISKEY



JAMIE GORRONO



Jamie Gorrondo is a mindset coach that works with women identifying their destructive core beliefs. She guides her clients through a journey releasing all negative thoughts, feelings, and emotions.

While providing her clients with the unique techniques they are building a foundation to a fulfilling life. They are gaining their confidence back building self worth and getting their happiness back!! She wants you to see clarity and feel self love. The main thing is to know you're not alone and not to give up. Helping women to connect with their true selves and live up to their full potential is what she strives for.

She empowers her clients seeking to heal from past traumas or others who are just looking for help to achieve daily goals. Life is amazing! You are your own person and you control everything you do no one should have any power or control over your confidence.



**Jamie Gorrone and daughter's
Madisen, 19 and Logen, 17**

You deserve the world and more. Jamie
wants to help the world grow and
accomplish any challenges that stand in
their way!!

Jamie offers services for anyone and she
is accepting for new clients!



JAMIE GORRONO
IS HERE TO TELL YOU
NEVER GIVE UP!!
THIS IS HER MOTTO:

" I STOPPED WAITING
FOR THE LIGHT AT THE
END OF THE TUNNEL
AND LIT THAT B*!%#
UP MYSELF"

**FOR MORE INFORMATION YOU CAN
CONTACT JAMIE VIA HER WEBSITE
WWW.JAMIEGORRONO.COM**

Whoopi Goldberg

Whoopi Goldberg is an Academy Award-winning actress, comedian and activist who has used her public platform to make a difference in the world.

She has been a spokesperson for the Women's Media Center, a nonprofit organization dedicated to amplifying the voices of women in the media, and has been a vocal advocate for multiple social causes. Goldberg has also produced a number of television shows, movies, and novels that have highlighted many important social issues.

Whoopi Goldberg is well known for her outspokenness and for regularly addressing social issues on her talk show, *The View*. She has discussed a wide range of topics, from police brutality and racial injustice to gender inequality and LGBT+ rights. She is also an advocate for mental health awareness and has championed the rights of disabled people.

One of the bravest women in the media today with all controversy. Whoopi Goldberg's prolific reach helped her use her global reach to advance child rights and other humanitarian efforts, including those related to HIV/AIDS, education, housing and substance abuse. Very admirable for one person to commit to all of these wonders.

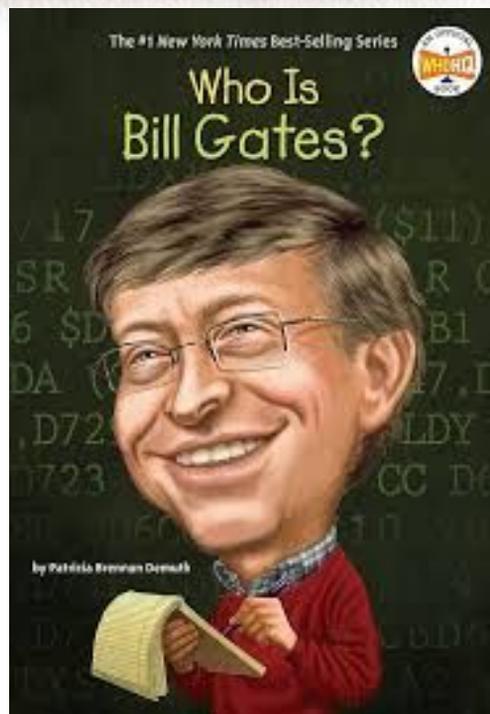




Not everyone who is wealthy does bad things with money. Bill Gates is a perfect example of a wealthy individual who has dedicated his life to philanthropy and giving back to society. He has donated billions of dollars to numerous causes worldwide, working to improve the lives of those in need. Bill Gates is a philanthropist and businessman who has used his wealth to make a difference in the world. He and his wife, Melinda, established the Bill & Melinda Gates Foundation in 2000 to help reduce global poverty,, improve access to health care and increase access to education.

Bill Gates

Bill Gates' confidence has been unmeasurable throughout his entire career. Through the Bill & Melinda Gates Foundation, he has provided billions of dollars to various causes including global public health, education, and economic development initiatives around the world. He has also been an advocate for technology and innovation, founding organizations such as Microsoft and TerraPower to develop new technologies to tackle global problems.



"Everyone needs a coach. We all need people that give us feedback. That's how we improve."

Bill Gates

Bill Gates has a personal coach and advisor who helps him stay organized and focused on his goals. He has credited his coach for helping him stay disciplined and motivated in his work. Gates has been working with the same coach for over 20 years and considers him an invaluable part of his success. He has been a visionary leader in the tech industry, and his drive and ambition have allowed him to create numerous successful companies and products. His dedication to innovation and his commitment to helping others have made him a respected figure in the business world.

SALLY HELGESEN

Sally Helgenson is an internationally acclaimed executive coach and leadership expert. She has been recognised by numerous prestigious organisations for her work in leadership development and cultural transformation. She has coached and advised executives from top organisations around the world, helping them to develop their leadership capabilities and achieve their goals. Leadership experts say she's the #1 Women Leaders, comparing her to Marshall Goldsmith #1 executive Coach



Sally has dedicated her life to empowering women to lead fearlessly and with courage. She has written numerous books and articles on the subject, and speaks around the world to inspire and motivate women to take charge of their lives and their careers. She is an advocate for gender parity and encourages all people, regardless of gender, to be bold and confident in their leadership roles.

“The third kind of power is the power of personal authority or charisma, which is rooted in the confidence you inspire in others.”
-Sally Helgesen

The book provides a step-by-step guide for women to identify and overcome the individual barriers that are holding them back. By recognizing and addressing these issues, women can become empowered to rise to the next level of their career. It also emphasizes the importance of finding a strong support system and learning to create healthy and effective relationships with colleagues, mentors and stakeholders. Women have the tools to eliminate the roadblocks that are preventing them from reaching their goals.



Sally Helgesen
Top influencer in the field of
leadership
and
a pioneer in empowering
women
to reach their highest potential.



Sally Helgeson's book, *How Women Rise*, is quickly becoming a top-seller in its field.

In just one week of publication, it has become an essential resource for anyone looking to become a better leader. To gain even more insight into the principles of leadership, Sally offers leadership programs, workshops, and coaching sessions for corporations, partnership firms, universities, and associations around the globe.



(SALLY HELGESON AND MARSHALL GOLDSMITH)

RYAN REYNOLDS & BLAKE LIVELY

The commitment to making a difference for Ukraine has become a team effort for this couple. There has been such a tragedy in the placement of people along with the supplies. They provided support to families fleeing the war-torn Ukraine. \$1 million was pledged in support of Ukrainian families who have been forced to flee for their lives due to the war. This is not a new phenomenon for the couple. Their goal is to make a difference in the world every single year. Following the deadly earthquake in Haiti last year, the pair pledged a \$10,000 donation to Hope for Haiti. In the midst of the pandemic, they provided generous donations to food banks.



"The outpouring of compassion for displaced people from Ukraine has been incredible. We're proud to support USA for UNHCR and its work to provide emergency supplies, lifesaving care and hope – but we're even more proud of the generous community of supporters that joined us.

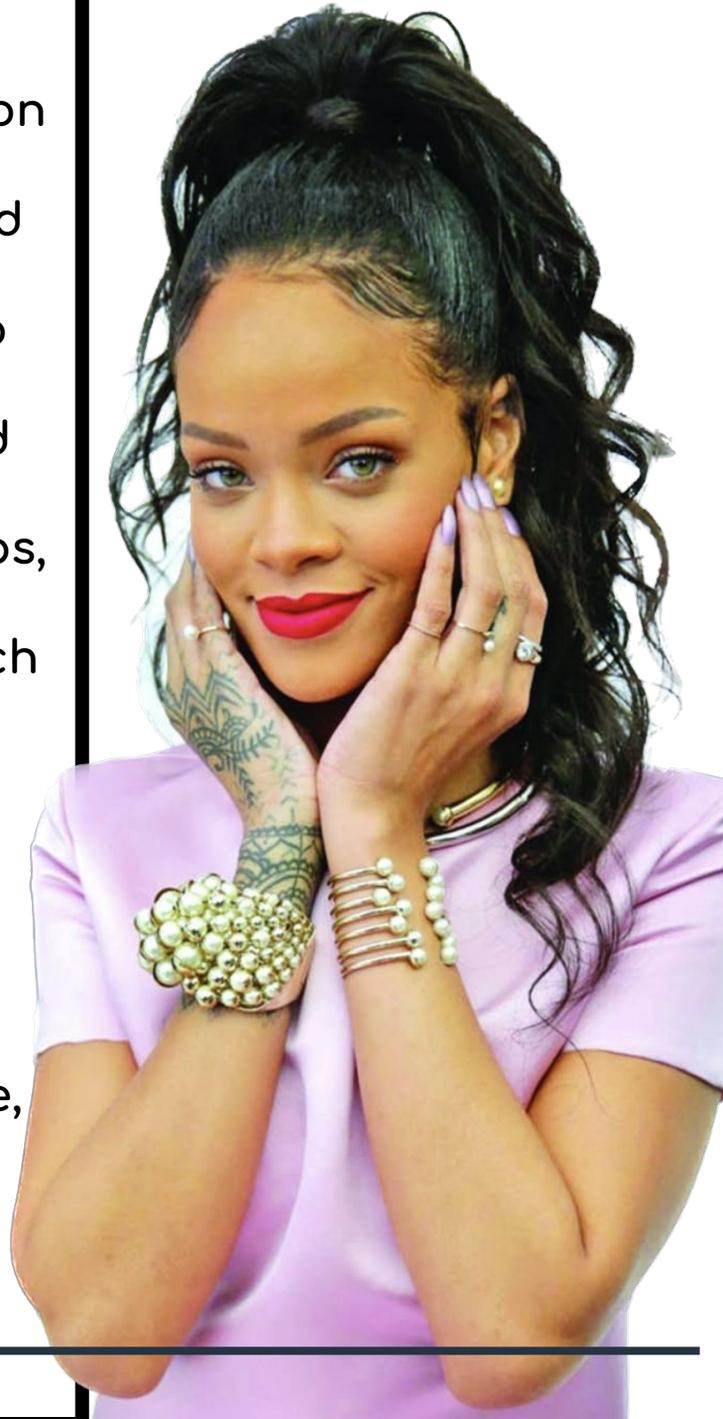
-Blake and Ryan

PEACE CORPORATE GENUINE NATIONAL
DIGITAL JOY VIEWS DEDICATION
WEALTH GIVEBA
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ALS OF
S GO
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IONEER POWERFUL
CHANGE VOICE MESSAGE GUID
INTERNATIONAL TRENDSETTERS MEDIA



Rihanna

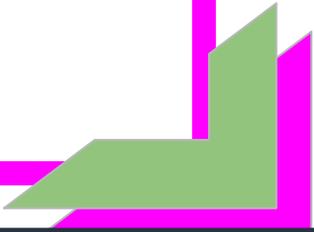
Rihanna is a female singer, philanthropist, and businesswoman who has made a significant impact on many people. She has used her fame and influence to help children, women, and other disadvantaged groups, by launching initiatives such as the Clara Lionel Foundation, helping to provide access to education and healthcare, and her own Fenty fashion and beauty line.





Furthermore Rihanna also uses her platform to speak out against injustice and inequality. She's has spoken out against police brutality, racism, and sexism, and has been a vocal supporter of the Black Lives Matter movement. Through her Belief in the social-justice issue they teamed up with Dorsey's #StartSmall initiative to donate a total of \$15 million!

*“Climate disasters, which are growing in frequency and intensity, do not impact all communities equally, with communities of color and island nations facing the brunt of climate change,”
Rihanna*



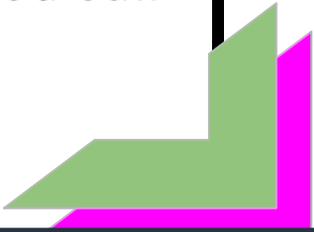


"My money is not for me; it's always the thought that I can help someone else, The world can really make you believe that the wrong things are priority, and it makes you really miss the core of life, what it means to be alive."

Rihanna

The funds will be distributed among 18 different climate justice groups focused on youth, Black, Indigenous, people of color and LGBTQIA+ communities.

Rihanna's foundation has raised an extraordinary amount of awareness and has donated more than 100 million so far. This is what you call making a difference!



MICHELLE OBAMA

Michelle LaVaughn Robinson Obama is the first African-American woman to serve the United States. Not only was the first lady, but she was an American attorney and an author.

In February of 2010 this woman announced a campaign to solve a goal that would begin to decrease child obesity.



The newborn children will reach adulthood and a healthy way to achieve this goal. Through the let's move Campaign Healthier school, meals, and snacks for over 50 million kids are now available. increase the number of students who could get school meals a little or no cost. Let's move is based on the following initiative of five pillars.

5 pillars

1. Creating a healthy start of children.

2. Empowering parents and caregivers.

3. Providing healthy food in schools.

4. Improving access to healthy and affordable food

5. Increasing physical activity

Michelle Obama has been an advocate for health and wellness since she was First Lady. Through her book, *Becoming*, and the Let's Move campaign, she has encouraged people to make healthier choices and lead active lifestyles. .

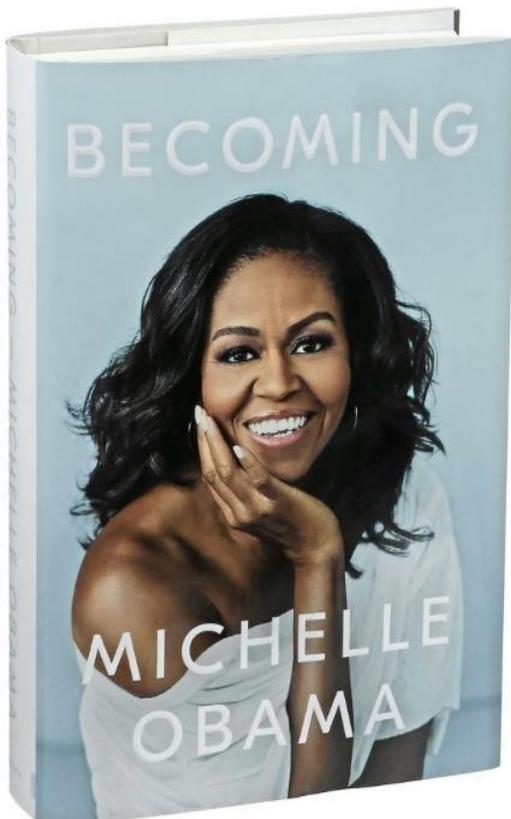
She has also supported initiatives to bring healthy food options to schools, and has worked to encourage more physical activity among children and adults alike.



QUOTED:

“Slowly, but surely we are beginning to turn the tide on childhood obesity in America. Together we are inspiring Leaders from every sector to take ownership of this issue.”

-Michelle Obama



**#1 NEW YORK
TIMES
BESTSELLER**

LEBRON JAMES

LeBron James is living proof that anything is possible. The LeBron James Family

Foundation focuses on helping children and young adults in Akron, Ohio. It has provided educational support, access to books, computers, and college scholarships for students in the area. Additionally, the foundation has also worked to provide food, school supplies, and health care for those in need.

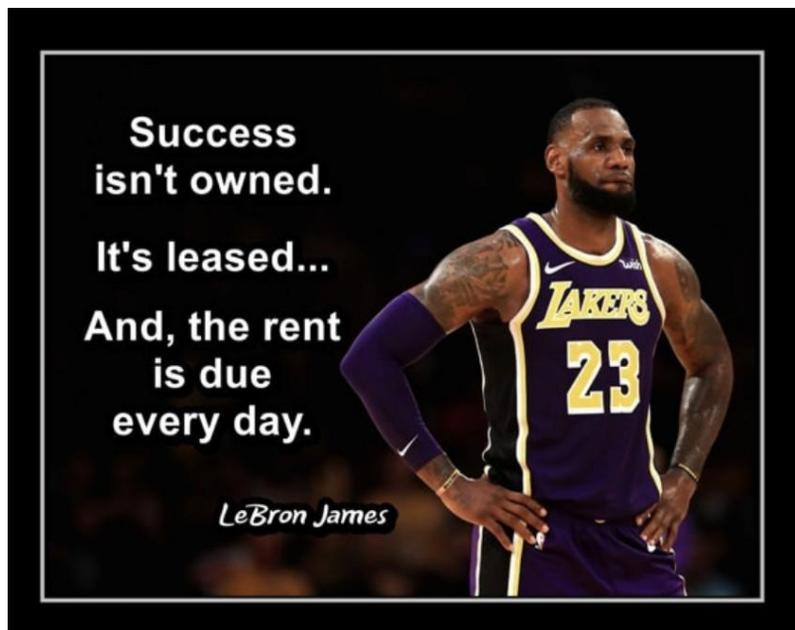


LeBron James is not only a world-renowned basketball player, but he is also a philanthropist. He has a long history of charitable giving and has been an advocate for social justice. He has donated to numerous causes, including the LeBron James Family Foundation, which provides education and enrichment programs to at-risk youth.



He is also the founder of the I PROMISE School, which provides educational opportunities to children from disadvantaged backgrounds. Through his charitable foundation, LeBron James has been a strong advocate for social justice and community service. He has provided support to community organizations such as the Boys & Girls Clubs of America, the Children's Defense Fund, and the National

Association for the Advancement of Colored People (NAACP). In addition, he has advocated for education reform initiatives and has also been a strong supporter of the NBA's initiatives to promote diversity and inclusion.



LEBRON is an incredible leader and motivator on the court. He always puts the team first and shows his humility and respect for his teammates. He is also a role model for young people, demonstrating that hard work and dedication can lead to success. LEBRON is an inspiration to his teammates and is a great example of how to be a successful leader both on and off the court.

LEBRON's success in basketball has been hard-earned! Despite his success, LEBRON has never taken his opportunities and accomplishments for granted, and continues to strive for excellence.



Never
underestimate the
power of your
message

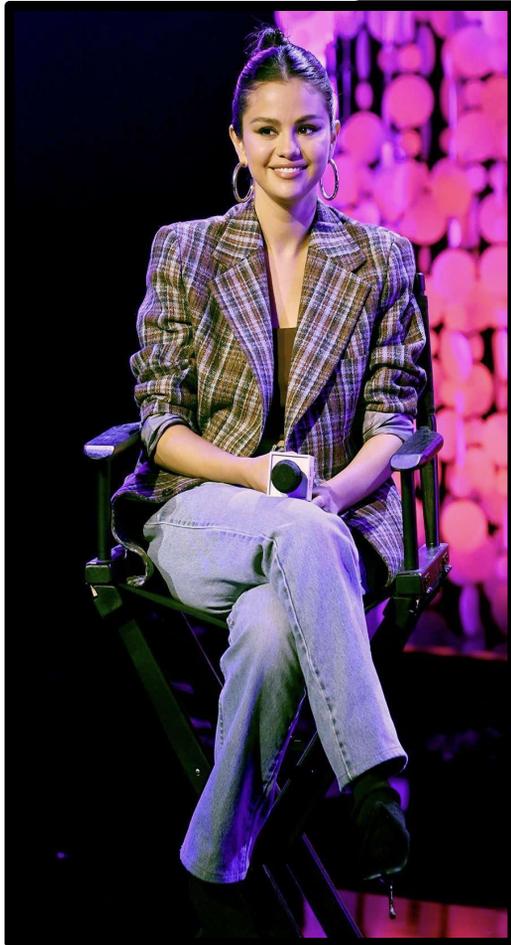
#Powerfulmessages

WONDERMIND

Selena Gomez

Selena Gomez has been a vocal advocate for mental health, and has used her platform to raise awareness for organizations such as the Lupus Research Alliance. Gomez has also partnered with organizations such as UNICEF and UNIFEM to promote charitable causes and provide assistance to people in need. Selena Gomez is determined to use her platform to promote mental health awareness.





Her intentions are purely to provide support for those living with depression, bipolar disorder, anxiety and other mental health issues. Through her foundation, Wonder Mind she has been able to provide access to health services, increase awareness of mental health issues, and bring attention to the needs of those living with mental illness this has given many young people the resources and tools to help them reach their goals

Selena Gomez encourages young women to embrace their differences and to be confident in their own skin. She has also been vocal about body positivity, inspiring many to seek help and to be kind to themselves. Through her music, she has spread the message of self-love and acceptance, showing that everyone is worthy of being loved and appreciated.



“Always be yourself, there's no one better!”
-Selena Gomez

WONDERMIND

WIM WIM



AMAZON FOUNDER

Jeff Bezos



Jeff Bezos is a true innovator and visionary. In 1994, he founded Amazon, which has become one of the largest and most influential technology companies in the world. He has also founded Blue Origin, a space exploration company, and Bezos Expeditions, an investment firm. In 2021, he stepped down as the CEO of Amazon, but he still owns the majority of the company. His accomplishments and impact on the world of technology have been amazing and inspiring.

Amazon has evolved from being an online bookstore to an online retail giant, offering a variety of products ranging from groceries to electronics. The company has also developed its own streaming services, a digital assistant, and an artificial intelligence platform.

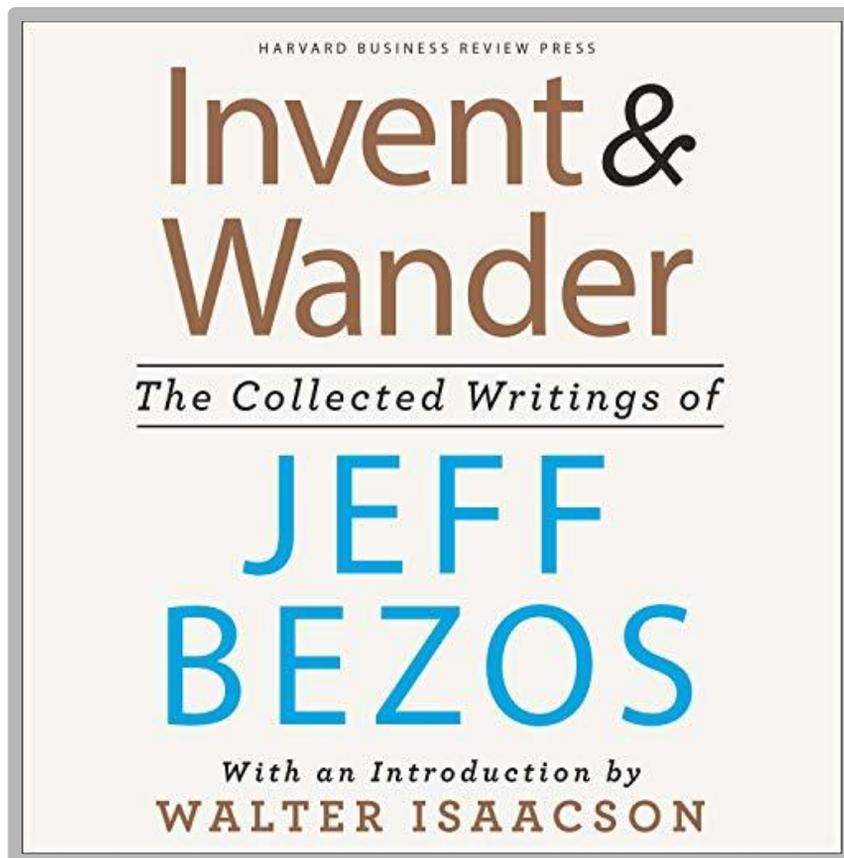
Amazon has become a one-stop-shop for customers, offering a wide range of products and services. Making a difference for all consumers.

Today Jeff bezos is the world's richest man, having surpassed Bill Gates in 2018., Bezos has donated \$10 billion to The Bezos Earth Fund, a charity dedicated to fighting climate change. He continues to be involved with Amazon, serving as a board member and advisor to the company.



If you haven't heard the new book written by Jeff Bezos it's out and on the shelves! Writing books was his first step in what would become his online shopping experience.

He has been a major proponent of technological advancement and innovation. As such, he has made an immense impact on the world, revolutionizing the way we shop and interact with technology.





YOU CAN MAKE
A DIFFERENCE IN
SOMEONE'S LIFE ...

**SOMEONE NEEDS TO HEAR
YOUR MESSAGE**

MADD Magazine is the number one magazine and fastest growing magazine of 2022 and 2023. Our star studded guest list is quickly expanding and we are inviting you to join us in sharing your message with a national and international audience. Our magazine is quickly gaining traction and our readership is growing rapidly. Don't miss your chance to be featured in MADD Magazine and be heard around the world.

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“

*Nothing is
impossible.
The word itself
says ...
I'm possible*

**AUDREY
HEPBURN**



michelle
sherbun

Michelle Sherbun has been a remarkable leadership coach for over 17 years, helping her clients develop their skills and confidence to become successful leaders. She has worked with a variety of organizations, providing guidance on team building, conflict resolution, and effective communication strategies. She specializes in creating customized leadership plans that are tailored to the individual needs of her clients. She believes in empowering people to take charge of their own development, to reach their highest potential, and to become who they are meant to be.

Michelle Sherbun shares two primary roles she plays when she partners with her coaching clients. “As a coach, I spend my time listening deeply to my clients as their stories unfold. Through stories, they discover the themes that have pulled them through the many moments in their lives. Their stories reveal the puzzle pieces that connect all these moments and present a picture of themselves often unrealized and uncelebrated. It transforms them

Michelle believes trust is at the center of all coaching relationships. When the coach and client share a commitment to being all-in and fully engaged in the journey, a promise to embrace learning, and the willingness to creatively explore new ideas, then this connection creates opportunities for transformation. In addition to one-on-one sessions, Michelle also facilitates group sessions, which enable her clients to form strong bonds by supporting one another and gaining insight from each other.

Her willingness to go above and beyond with the techniques she has developed is an inspiration to those she has worked with. Michelle even taps into her own coach to – as she says – “keep her honest”.

**“ I WILL NOT SHOULD
ON MYSELF TODAY”**

-MICHELLE SHERBUN

Stories bring fundamental change and reveal who they are meant to be. I feel privileged to witness and hold close the unfolding of their stories. I am a Storykeeper.

My gift is no judgement. Through coaching, we learn how to get out of our own way and connect with our deepest truths. Obstacles become possibilities. We let go of the pain and fear that holds us back. And we are transformed in how we see and relate to the world around us. Think of it as the alchemy of transformation...a healing path that blends all of who we are and all we have experienced to become who we are meant to be. I am a Healer.”



“Wisdom comes with open and courageous questions. Clients grow in their own wisdom with questions that reveal their deepest truths, clarify intentions, create possibilities, provide deep insight, and drive new directions. With this in mind, I recently reached out to my clients and asked them what questions were tugging at them. I am sharing some of those questions here, but beware, good questions often lead to more and better questions.”

Hint: Explore those questions that cause you to pause and challenge you to dig deeper beyond the first answer that comes to mind

Q & A:

1-What is the most important next step after answering the question, "what brings you happiness"?

Answers

“Happiness depends on being free, and freedom depends on being courageous.” Add a dose of curiosity to a little courage, and you have magic!

2-How do you stay optimistic and hopeful when your envisioned life and/or goals are no longer your "north star" or possibilities?

Answer

Let's face it: transitions can be such a nuisance. But trust that you are where you need to be right now. This is where you start. Take a deep breath, and jump in.

Over time, your experiences and the world have changed you and so your possibilities have changed. Remember: Hope is a choice. If you choose hope, then you ultimately need to get comfortable with being uncomfortable in your search for new answers and boundless opportunities.

3-What do I do when I feel "rudderless". I feel a bit "rudderless" when those around me seem to have comfort with what their life "is?"

Answer

Know that your life is rich. Even the smallest moments can nourish the heart should we see everything we receive as a gift. First, acknowledge all you have working FOR you, and remember how you got here. The best answers come in the quiet, where you can hear and listen to your deepest self. Remember, you are on your own path - not the path others have chosen for you.

4-What does "leadership" look like when you no longer work with a team of colleagues at the same organization?

Answers

It is important to remember that before we can lead others, we must first lead ourselves. The very act of introspection - the time we spend intentionally reflecting on our experiences and our thoughts - opens the door to understanding ourselves better. Through self-reflection, we can dive deeper into our own fears and the wounds that get in the way of inward and outward-facing leadership.



WWW.MICHELLESHerbUN.COM

The background consists of a collage of yellow Scrabble tiles. The tiles are scattered and overlapping, with some showing letters like 'R', 'E', 'D', 'M', and 'A'. The tiles are set against a light orange background. The text 'DREAM BIGGER AND BIGGER' is overlaid on this background in four white rectangular boxes.

DREAM

BIGGER

AND

BIGGER

This year, the NBA is making a difference by taking a stand against social injustice.

Teams are engaging in meaningful conversations, raising awareness, and supporting the Black Lives Matter movement. The NBA has also committed to investing \$300 million over ten years to combat systemic racism, and improve access to education and economic opportunities in the Black community. This commitment is part of the NBA's ongoing efforts to create meaningful and lasting change in the lives of those in need. The foundation will invest in education, economic empowerment, and health and wellness initiatives, as well as programs that improve access to basketball in Black communities.

Additionally, the NBA is working to reduce its carbon footprint, increase diversity in the workplace, and make the league more accessible to all fans.





DO YOU WANT TO MAKE A
DIFFERENCE ?!?!
COME JOIN US
#ITSTIMEFORACHANGE

MADDMAG@MAIL.COM

**GET MADD
ABOUT IT!
MAKE A
DIFFERENCE**

Novak Djokovic

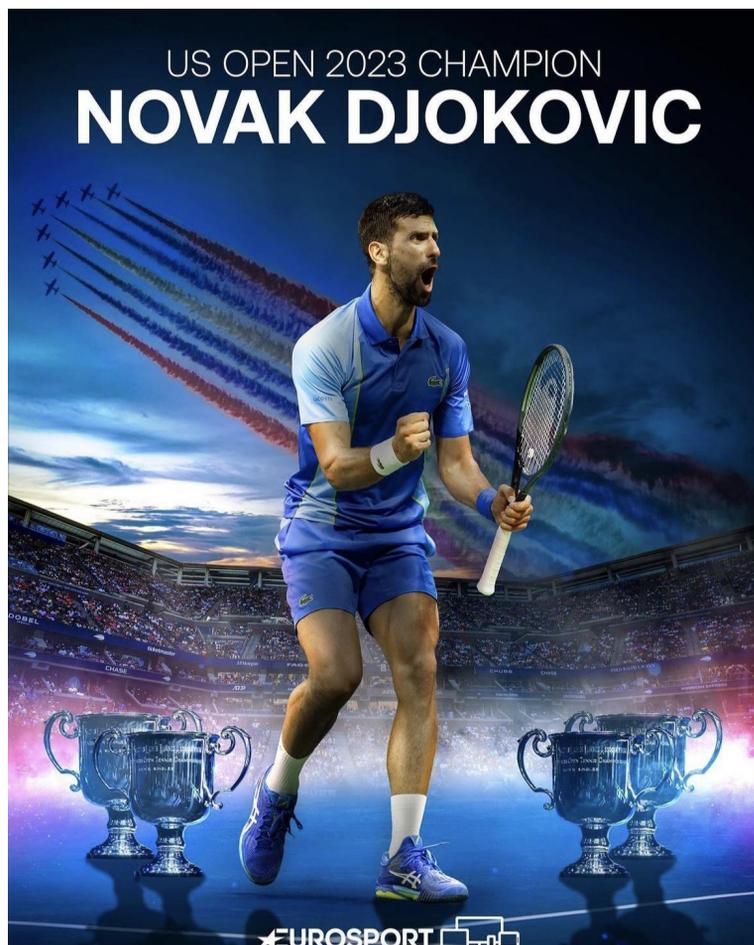
NOVAK DJOKOVIC IS THE NUMBER ONE PROFESSIONAL TENNIS PLAYER IN THE WORLD. HE HAS CHANGED THE WORLD OF SPORTS WITH HIS INCREDIBLE TALENT AND PASSION. HIS UNPARALLELED SUCCESS ON THE TENNIS COURT HAS SHOWN THAT ANYTHING IS POSSIBLE WITH HARD WORK AND DEDICATION EVEN AFTER A PHYSICAL ACCIDENT. SHOWING THE WORLD THAT IF YOU WANT IT, YOU CAN HAVE IT. HE REMAINED FOCUSED AND HAD THE SUPPORT OF THE LATE KOBE BRYANT WHICH HELPED HIM STAY DEVOTED TO THE RECOVERY PROCESS. AFTER RETURNING TO THE TENNIS COURT WITH HAVING DROPPING RANK FROM 1-3 HE WORKED HARD AND BECAME NUMBER 1 ONCE AGAIN THIS YEAR 2023!



BEGINNING WITH THE MOST WEEKS AND POINTS MADE BY A PROFESSIONAL TENNIS PLAYER HE BEGAN BREAKING RECORDS AGAIN ALL THE WAY BACK TO 1877! HE IS THE FIRST IN THE OPEN ERA TO HAVE WON A TOTAL OF 24 GRAND SINGLES TITLES IN ALL NINE OF THE ATP MASTERS 1000 TOURNAMENTS. OVERALL, HE HAS WON 96 SINGLES TITLES AND IS STILL COMPETING TO HOLD HIS POSITION. HIS ACHIEVEMENTS HAVE INSPIRED THE YOUTH TO START PLAYING AND HAVE OPENED OPPORTUNITIES FOR TENNIS PLAYERS FROM ALL BACKGROUNDS.



**THE NUMBER 1 TENNIS PLAYER HAS GIVEN BACK TO THE WORLD
IN MANY WAYS USING HIS OWN PLATFORM. HE HAS BEEN AN
ADVOCATE FOR ISSUES SUCH AS SOCIAL JUSTICE, THE REFUGEE
CRISIS, ANIMAL RIGHTS, AND EQUAL TREATMENT OF ALL
ATHLETES, REGARDLESS OF RACE AND GENDER. DJOKOVIC HAS
MADE HISTORY AND SET AN EXAMPLE FOR MANY GENERATIONS
TO COME. HE HAS TRULY MADE A DIFFERENCE IN THE TENNIS
WORLD AND IS APPRECIATED AND ACKNOWLEDGED BY HIS FANS
AND THE TENNIS ASSOCIATION.**



LISA STERLING

It is my honor to introduce myself as Lisa Sterling, a survivor. I don't favor the word, though it does have a lot of truth to it. I was asked to write an article on how I make a difference each day. As a result of introspection and thinking about what I would like to say, here are the thoughts I have so far. There are a lot of people in this world that will tell you, " God never gives us more than we can handle." Or " suck it up buttercup and move on." My favorite line is this one, " Just get over it, it was in the past." I cringe each time I hear that one. First and foremost, I am a sexual assault survivor. Second, I've also survived suicide. In addition, I am grieving the death of my husband of 25 years, and I am the mother of two adult children who live independently. These are only a few highlights from my life. The list goes on and on, but I won't bore you with all of the details. Over the years, I have been asked how I got where I am today. Its impossible to provide a single answer to that question.

“ LET MY WORDS BE FEW “

There's a line in the movie *City Slickers* where Jack Palance is talking to Billy Crystal about the secret of life and he tells him one word while holding up his forefinger and that word is this: "One" Choose one thing. Do it to the best of your ability. Let it go. Pick up something else. It is necessary for me to start at the beginning. My name is Lisa Sterling and I am a child of God. He sacrificed himself on the cross for me, He took my many sins and gave me a chance at redemption and forgave me. I'm thankful for that every day. It doesn't matter how tough my day is or what circumstances I face, he's always there for me. When I'm alone and no one understands, his eyes are always on me.

We walk together every day, and I only follow him. Many people in this world believe in God and have a personal relationship with him, but I'm also realistic about the fact that there are people who don't care about any of that. However, most people would agree that we all deserve to be treated fairly and respectfully.

Regardless of what we believe.

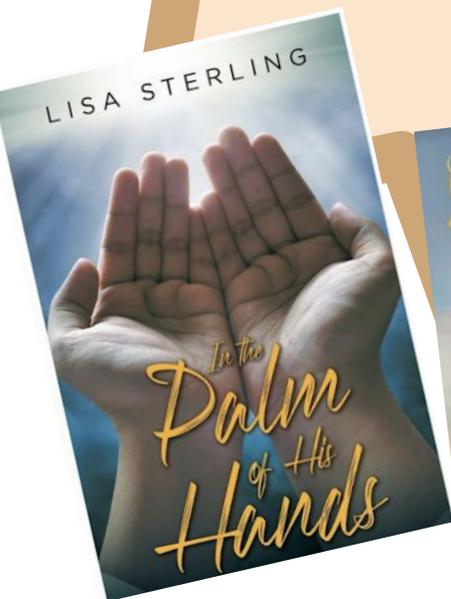
All of us want to be loved and heard and seen.

That starts with each of us. Like it says in the new testament, treat others the way you want to be treated. As well as look at the plank in your own eye before being quick to judge others. And it started with one person. Through my writing, talking with people each day when I am at work at the hotel. Through singing at church since I am on the worship arts team. I know that's how I can make a difference. I use my talents and gifts that God has given me.



You never know what someone is going through and what I say or how I say it can make a difference in someone else's life or what they may be going through. I want to be able to live out what I believe with certainty, confidence and grace. Like I said at the beginning I am a survivor.

I am growing through each experience and becoming the person that God has destined for me to be. Although it has been difficult and gut wrenching at times, I am beginning to realize that this has always been part of his plan. It all begins with me, with my attitude, with my actions. Not what I desire, but what God desires of me. Life is too hard to do this on my own and each day has enough difficulties to challenge the mind. One of my favorite phrases is: Lead, Follow or get out of the way. I love that phrase because I can't be a good leader for my family if I don't listen and sometimes I have to step out of my own way to be reminded who is really leading me. Thank you for taking the time to read this. I hope you get something out of it because this is how I make a difference.



LISA STERLING BOOKS

-<https://www.barnesandnoble.com/w/good-morning-god-lisa-sterling/1126044290>

-<https://www.amazon.com/-/en/Lisa-Sterling/dp/1512778486/>

ROD STEWART



(CIRCA 1996)

Rod Stewart has been a pioneer in the music industry for over 6 decades. While pushing the boundaries of sound and style, he has released dozens of albums. He has also been a tireless advocate for social justice, using his platform to influence those in need. Rod Stewart's career has shown that it is possible to make

a difference in the world, even in the face of adversity.

- **During the Ukraine and Russia conflict he had felt moved and had to do something that would help.**

He decided to rent a home and furnish it for the family displaced. The Kurtiak family was grateful and said they owed their lives to the rocker after he found them a home in Berkshire town. The family has played Rod Stewart's music in the house every day since they were saved from war-torn Ukraine. Rod said he was humbled by the experience and that he was glad to have been able to make a difference. It doesn't stop there the singing legend has continued to do good deeds for more people in need. In a gesture of generosity,



THE KURTIK FAMILY

Rod Stewart has made a public offer to pay for NHS hospital scans. Many were dying since they couldn't afford medical treatment. Rod Stewart uses his platform to spread awareness about social issues, such as poverty and climate change. He has also been an advocate for animal rights, having recently partnered with World Animal Protection to help end cruelty to animals in entertainment. He has also used his platform to raise money for various charities and causes, such as the Special Olympics and the Make-A-Wish Foundation.

"I don't need the publicity. I just want to do some good things and this, I think, it's a good thing, because if other people follow me, I'd love it."
Rod Stewart

Today the rockstar truly hopes what he is doing will inspire others in the celebrity world to give back. As he goes on tour he still pays tribute to his Scottish heritage by releasing his very own whiskey!



**NEW WHISKEY BY
ROCKSTAR ROD STEWART
WHISKEY THAT BRINGS YOU BACK TO
THE GOOD OL' DAYS!"**

Wolfie's Whisky

LIMITED EDITION



ROD STEWARTS WOLFIES WHISKEY

MADD DIGITAL MAGAZINE



JAMIE GORRONO



Jamie Gorrondo is a mindset coach that works with women identifying their destructive core beliefs. She guides her clients through a journey releasing all negative thoughts, feelings, and emotions.

While providing her clients with the unique techniques they are building a foundation to a fulfilling life. They are gaining their confidence back building self worth and getting their happiness back!! She wants you to see clarity and feel self love. The main thing is to know you're not alone and not to give up. Helping women to connect with their true selves and live up to their full potential is what she strives for.

She empowers her clients seeking to heal from past traumas or others who are just looking for help to achieve daily goals. Life is amazing! You are your own person and you control everything you do no one should have any power or control over your confidence.



**Jamle Gorrone and daughter's
Madisen, 19 and Logen, 17**

You deserve the world and more. Jamie
wants to help the world grow and
accomplish any challenges that stand in
their way!!

Jamie offers services for anyone and she
is accepting for new clients!



JAMIE GORRONO
IS HERE TO TELL YOU
NEVER GIVE UP!!
THIS IS HER MOTTO:

" I STOPPED WAITING
FOR THE LIGHT AT THE
END OF THE TUNNEL
AND LIT THAT B*!%#
UP MYSELF"

**FOR MORE INFORMATION YOU CAN
CONTACT JAMIE VIA HER WEBSITE
WWW.JAMIEGORRONO.COM**

Whoopi Goldberg

Whoopi Goldberg is an Academy Award-winning actress, comedian and activist who has used her public platform to make a difference in the world.

She has been a spokesperson for the Women's Media Center, a nonprofit organization dedicated to amplifying the voices of women in the media, and has been a vocal advocate for multiple social causes. Goldberg has also produced a number of television shows, movies, and novels that have highlighted many important social issues.

Whoopi Goldberg is well known for her outspokenness and for regularly addressing social issues on her talk show, *The View*. She has discussed a wide range of topics, from police brutality and racial injustice to gender inequality and LGBT+ rights. She is also an advocate for mental health awareness and has championed the rights of disabled people.

One of the bravest women in the media today with all controversy. Whoopi Goldberg's prolific reach helped her use her global reach to advance child rights and other humanitarian efforts, including those related to HIV/AIDS, education, housing and substance abuse. Very admirable for one person to commit to all of these wonders.

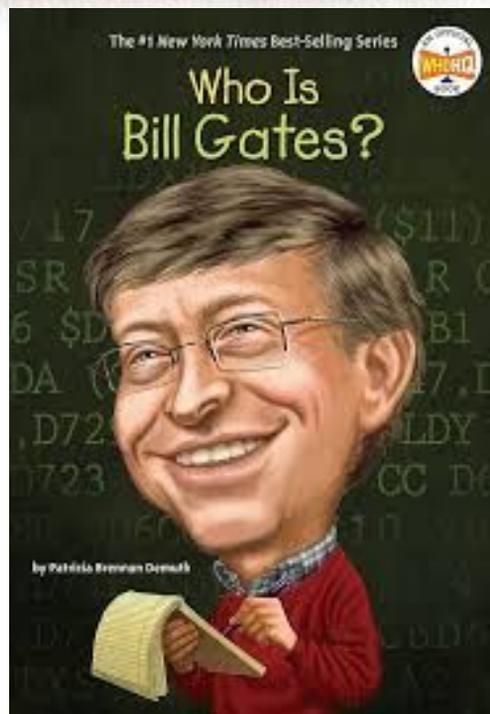




Not everyone who is wealthy does bad things with money. Bill Gates is a perfect example of a wealthy individual who has dedicated his life to philanthropy and giving back to society. He has donated billions of dollars to numerous causes worldwide, working to improve the lives of those in need. Bill Gates is a philanthropist and businessman who has used his wealth to make a difference in the world. He and his wife, Melinda, established the Bill & Melinda Gates Foundation in 2000 to help reduce global poverty,, improve access to health care and increase access to education.

Bill Gates

Bill Gates' confidence has been unmeasurable throughout his entire career. Through the Bill & Melinda Gates Foundation, he has provided billions of dollars to various causes including global public health, education, and economic development initiatives around the world. He has also been an advocate for technology and innovation, founding organizations such as Microsoft and TerraPower to develop new technologies to tackle global problems.



"Everyone needs a coach. We all need people that give us feedback. That's how we improve."

Bill Gates

Bill Gates has a personal coach and advisor who helps him stay organized and focused on his goals. He has credited his coach for helping him stay disciplined and motivated in his work. Gates has been working with the same coach for over 20 years and considers him an invaluable part of his success. He has been a visionary leader in the tech industry, and his drive and ambition have allowed him to create numerous successful companies and products. His dedication to innovation and his commitment to helping others have made him a respected figure in the business world.



SALLY HELGESEN

Sally Helgenson is an internationally acclaimed executive coach and leadership expert. She has been recognised by numerous prestigious organisations for her work in leadership development and cultural transformation. She has coached and advised executives from top organisations around the world, helping them to develop their leadership capabilities and achieve their goals. Leadership experts say she's the #1 Women Leaders, comparing her to Marshall Goldsmith #1 executive Coach



Sally has dedicated her life to empowering women to lead fearlessly and with courage. She has written numerous books and articles on the subject, and speaks around the world to inspire and motivate women to take charge of their lives and their careers. She is an advocate for gender parity and encourages all people, regardless of gender, to be bold and confident in their leadership roles.

“The third kind of power is the power of personal authority or charisma, which is rooted in the confidence you inspire in others.”
-Sally Helgesen

The book provides a step-by-step guide for women to identify and overcome the individual barriers that are holding them back. By recognizing and addressing these issues, women can become empowered to rise to the next level of their career. It also emphasizes the importance of finding a strong support system and learning to create healthy and effective relationships with colleagues, mentors and stakeholders. Women have the tools to eliminate the roadblocks that are preventing them from reaching their goals.



Sally Helgesen
Top influencer in the field of
leadership
and
a pioneer in empowering
women
to reach their highest potential.



Sally Helgeson's book, *How Women Rise*, is quickly becoming a top-seller in its field.

In just one week of publication, it has become an essential resource for anyone looking to become a better leader. To gain even more insight into the principles of leadership, Sally offers leadership programs, workshops, and coaching sessions for corporations, partnership firms, universities, and associations around the globe.



(SALLY HELGESON AND MARSHALL GOLDSMITH)

RYAN REYNOLDS & BLAKE LIVELY

The commitment to making a difference for Ukraine has become a team effort for this couple. There has been such a tragedy in the placement of people along with the supplies. They provided support to families fleeing the war-torn Ukraine. \$1 million was pledged in support of Ukrainian families who have been forced to flee for their lives due to the war. This is not a new phenomenon for the couple. Their goal is to make a difference in the world every single year. Following the deadly earthquake in Haiti last year, the pair pledged a \$10,000 donation to Hope for Haiti. In the midst of the pandemic, they provided generous donations to food banks.



"The outpouring of compassion for displaced people from Ukraine has been incredible. We're proud to support USA for UNHCR and its work to provide emergency supplies, lifesaving care and hope – but we're even more proud of the generous community of supporters that joined us.

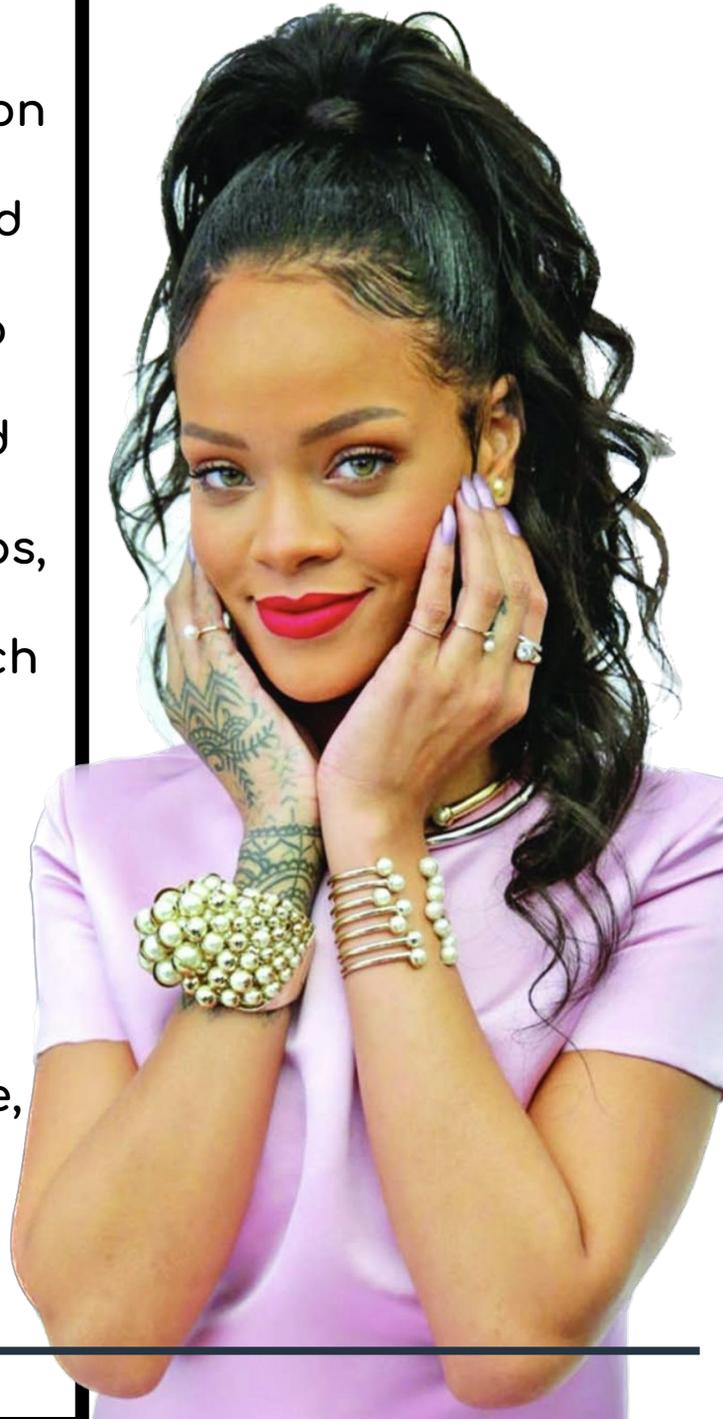
-Blake and Ryan

PEACE CORPORATE GENUINE NATIONAL
DIGITAL JOY VIEWS DEDICATION
WEALTH GIVEBA
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INTERNATIONAL TRENDSETTERS MEDIA



Rihanna

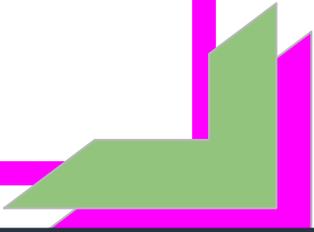
Rihanna is a female singer, philanthropist, and businesswoman who has made a significant impact on many people. She has used her fame and influence to help children, women, and other disadvantaged groups, by launching initiatives such as the Clara Lionel Foundation, helping to provide access to education and healthcare, and her own Fenty fashion and beauty line.





Furthermore Rihanna also uses her platform to speak out against injustice and inequality. She's has spoken out against police brutality, racism, and sexism, and has been a vocal supporter of the Black Lives Matter movement. Through her Belief in the social-justice issue they teamed up with Dorsey's #StartSmall initiative to donate a total of \$15 million!

*“Climate disasters, which are growing in frequency and intensity, do not impact all communities equally, with communities of color and island nations facing the brunt of climate change,”
Rihanna*



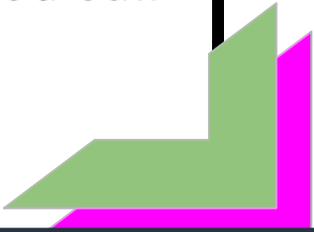


"My money is not for me; it's always the thought that I can help someone else, The world can really make you believe that the wrong things are priority, and it makes you really miss the core of life, what it means to be alive."

Rihanna

The funds will be distributed among 18 different climate justice groups focused on youth, Black, Indigenous, people of color and LGBTQIA+ communities.

Rihanna's foundation has raised an extraordinary amount of awareness and has donated more than 100 million so far. This is what you call making a difference!



MICHELLE OBAMA

Michelle LaVaughn Robinson Obama is the first African-American woman to serve the United States. Not only was the first lady, but she was an American attorney and an author.

In February of 2010 this woman announced a campaign to solve a goal that would begin to decrease child obesity.



The newborn children will reach adulthood and a healthy way to achieve this goal. Through the let's move Campaign Healthier school, meals, and snacks for over 50 million kids are now available. increase the number of students who could get school meals a little or no cost. Let's move is based on the following initiative of five pillars.

5 pillars

1. Creating a healthy start of children.

2. Empowering parents and caregivers.

3. Providing healthy food in schools.

4. Improving access to healthy and affordable food

5. Increasing physical activity

Michelle Obama has been an advocate for health and wellness since she was First Lady. Through her book, *Becoming*, and the Let's Move campaign, she has encouraged people to make healthier choices and lead active lifestyles. .

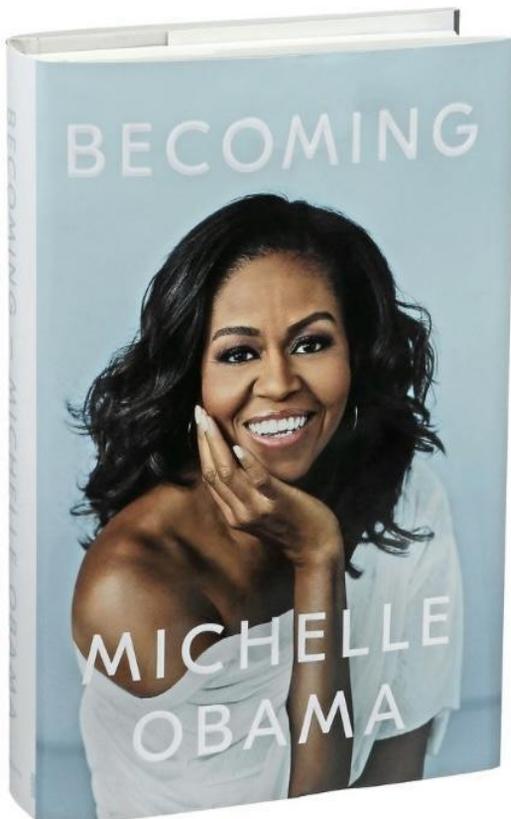
She has also supported initiatives to bring healthy food options to schools, and has worked to encourage more physical activity among children and adults alike.



QUOTED:

“Slowly, but surely we are beginning to turn the tide on childhood obesity in America. Together we are inspiring Leaders from every sector to take ownership of this issue.”

-Michelle Obama



**#1 NEW YORK
TIMES
BESTSELLER**

LEBRON JAMES

LeBron James is living proof that anything is possible. The LeBron James Family

Foundation focuses on helping children and young adults in Akron, Ohio. It has provided educational support, access to books, computers, and college scholarships for students in the area. Additionally, the foundation has also worked to provide food, school supplies, and health care for those in need.

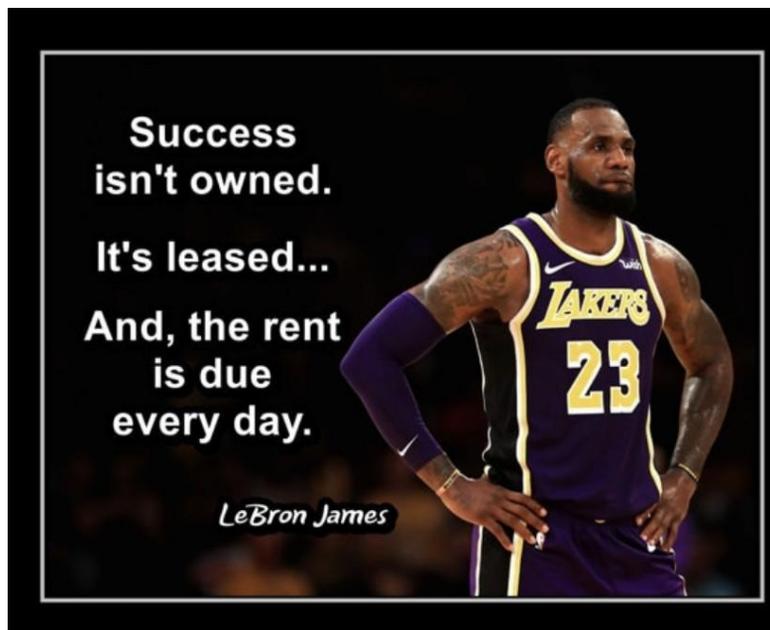


LeBron James is not only a world-renowned basketball player, but he is also a philanthropist. He has a long history of charitable giving and has been an advocate for social justice. He has donated to numerous causes, including the LeBron James Family Foundation, which provides education and enrichment programs to at-risk youth.



He is also the founder of the I PROMISE School, which provides educational opportunities to children from disadvantaged backgrounds. Through his charitable foundation, LeBron James has been a strong advocate for social justice and community service. He has provided support to community organizations such as the Boys & Girls Clubs of America, the Children's Defense Fund, and the National

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LEBRON's success in basketball has been hard-earned! Despite his success, LEBRON has never taken his opportunities and accomplishments for granted, and continues to strive for excellence.



Never
underestimate the
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message

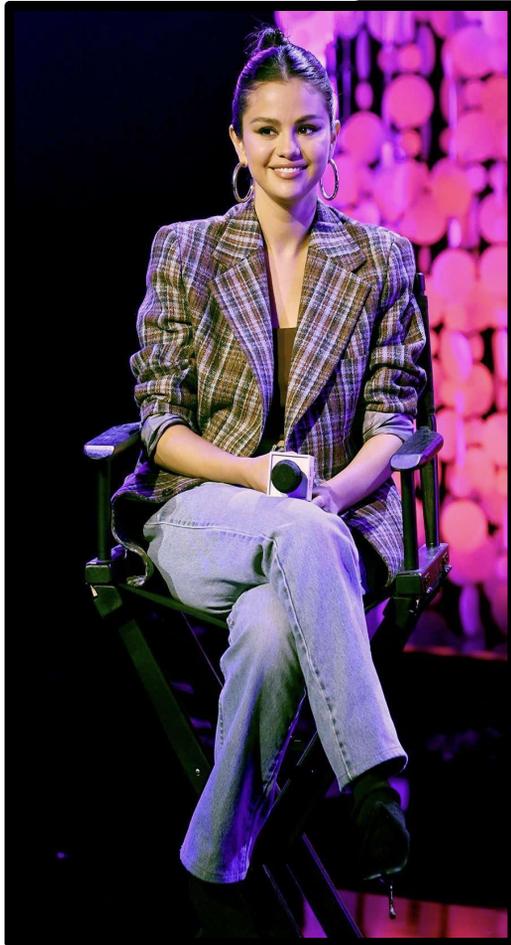
#Powerfulmessages

WONDERMIND

Selena Gomez

Selena Gomez has been a vocal advocate for mental health, and has used her platform to raise awareness for organizations such as the Lupus Research Alliance. Gomez has also partnered with organizations such as UNICEF and UNIFEM to promote charitable causes and provide assistance to people in need. Selena Gomez is determined to use her platform to promote mental health awareness.





Her intentions are purely to provide support for those living with depression, bipolar disorder, anxiety and other mental health issues. Through her foundation, Wonder Mind she has been able to provide access to health services, increase awareness of mental health issues, and bring attention to the needs of those living with mental illness this has given many young people the resources and tools to help them reach their goals

Selena Gomez encourages young women to embrace their differences and to be confident in their own skin. She has also been vocal about body positivity, inspiring many to seek help and to be kind to themselves. Through her music, she has spread the message of self-love and acceptance, showing that everyone is worthy of being loved and appreciated.



“Always be yourself, there's no one better!”
-Selena Gomez

WONDERMIND

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AMAZON FOUNDER

Jeff Bezos



Jeff Bezos is a true innovator and visionary. In 1994, he founded Amazon, which has become one of the largest and most influential technology companies in the world. He has also founded Blue Origin, a space exploration company, and Bezos Expeditions, an investment firm. In 2021, he stepped down as the CEO of Amazon, but he still owns the majority of the company. His accomplishments and impact on the world of technology have been amazing and inspiring.

Amazon has evolved from being an online bookstore to an online retail giant, offering a variety of products ranging from groceries to electronics. The company has also developed its own streaming services, a digital assistant, and an artificial intelligence platform.

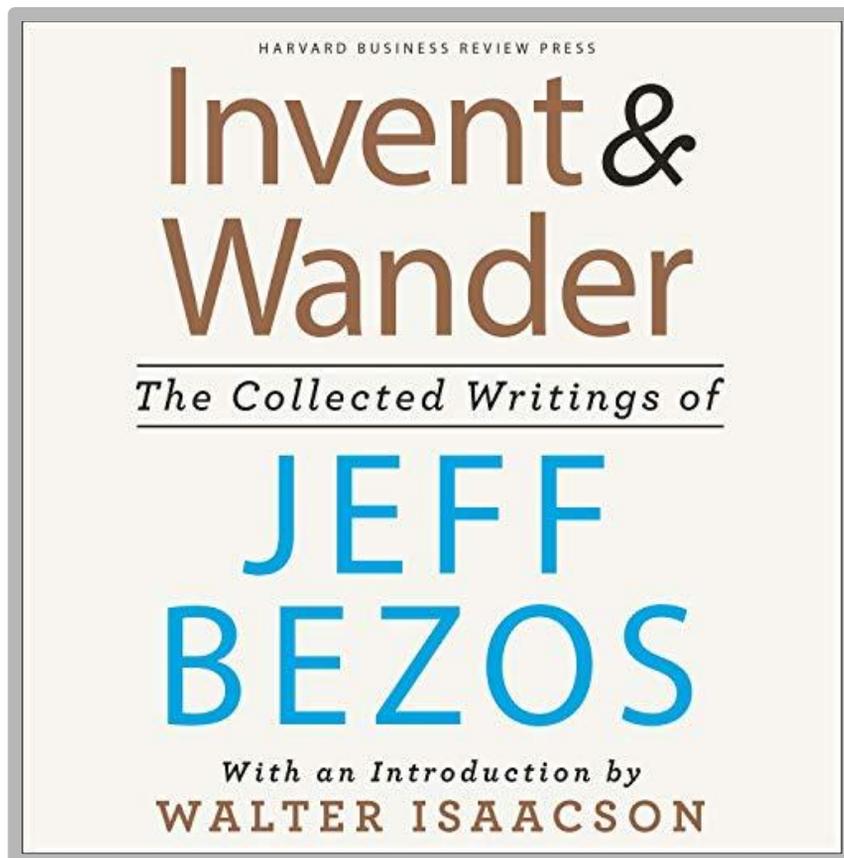
Amazon has become a one-stop-shop for customers, offering a wide range of products and services. Making a difference for all consumers.

Today Jeff bezos is the world's richest man, having surpassed Bill Gates in 2018., Bezos has donated \$10 billion to The Bezos Earth Fund, a charity dedicated to fighting climate change. He continues to be involved with Amazon, serving as a board member and advisor to the company.



If you haven't heard the new book written by Jeff Bezos it's out and on the shelves! Writing books was his first step in what would become his online shopping experience.

He has been a major proponent of technological advancement and innovation. As such, he has made an immense impact on the world, revolutionizing the way we shop and interact with technology.





YOU CAN MAKE
A DIFFERENCE IN
SOMEONE'S LIFE ...

**SOMEONE NEEDS TO HEAR
YOUR MESSAGE**

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